

# Sleep Over

A Roleplaying game  
By  
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This game was started on September 7th 2005 at 9 a.m.

It was finished sometime after midnight but before 9 a.m. on September 8th 2005

It was designed for the Ronnie Award contest, and as my first 24 Hour R.P.S.

Besides Ariel, the fonts I used are

Farewell, which you can find at:

<http://desktoppub.about.com/library/fonts/hs/wellfarewell.htm>

and Mats, which you can find at:

<http://www.fontgarden.com/gallery/m/m.html>

This is were the table of contents is suppose to go. I do not think I will get it done in time but I do not want to mess up my formatting, so this space is still blank.

Dear diary,

Today Tiffany invited me to her sleep Over. I have no idea why she invited me over. We havent really talked in like a year. I guess its because we used to be best friends. Before she started hanging out with Stacy. I wonder if Stacy is going to be there. That bitch, I bet she stuffs her bra. Wait, if Stacy is going to be there, and Tiffany invited me ..ooo.ooo.ooo... I have to go. This is going to be great! Maybe next week I can go to the game with them. Then I could talk to Joey, damn he is fine. Oh shoot, that probably means that Erin will be there. She tried to cut me in eighth grade. It was just a tiny knife but it sure did look big. I better bring one of my own. Damn, I dont have one. Maybe I can take one of moms kitchen knives. Shit. Well no matter what I am going. Guess it is time to go buy some new PJs.

*So what exactly is Sleep Over?*

Sleep Over is a nasty little roleplaying game where you take the role of a teenage girl who is attending a sleep Over. Together with the other girls you spend the night gossiping about boys, cloths, movies, music, sex, who's fat, who's hot, or who's not. You find out who your real friends are, and who you want to just kill. Be careful though, in this day and age... sometimes girls do kill.

*Ok, so like what is a roleplaying game?*

What is a roleplaying game? Well if you don't know then don't sweat it. Just read this book and play how it says to play, and then you'll have played a roleplaying game! Trust me it's not as intimidating as it seems.

One thing to keep in mind while playing Sleep Over is that the rumors and insults you are slinging are made up, and are not real. Well unless you really are a group of teenager girls having a sleep Over and like to rumormonger and mud sling.

*Gather your girlfriends.*

The first and probably the most important thing to do before the game actually begins is to gather your friends together to play the game. That's right, this is a group activity. You can play with as little as three people, but I recommend at least four. You can play with more, but beware that this may lead to some really sad girls. Specially if they start ganging up on someone.

Oh, and just incase you didn't know this ahead of time, since this is a roleplaying game, your friends don't have to actually be girls. You can play no matter if you are old, young, boy, girl, or neuter. Its a game of pretend!

*Who is Hosting the Sleep Over?*

Next thing you need to do is figure out where you are going to play this game. Usually this will be at a friends house or your house, but it doesn't have to be. The person who's house it is is known as the Birthday Girl. Some things later on in these rules are based on who the Birthday Girl is, but for now all you need to know is which one of the players is the Birthday Girl.

If you are playing in a public area instead of a house, then you will just have to pretend that you are in some ones house, and will have to decide which one of your friends will be the Birthday Girl. Picking the most quiet one of the gathered friends is probably the best way to go. You could probably flip a coin also, but ultimately decide somehow and move on.

## *What you need to play!*

In Sleep Over you need a playing space. A table works best, but if you are really into the Sleep Over concept then maybe you should go with pillows and blankets on the floor.

Each player will also need a pencil, and two index cards. If you decorate these things with little stickers then you rock, but that's not part of the game.

If you decided to go with pillows and blankets on the floor as your playing space then you could scratch one of the index cards and use sticker name tags.

### *Who is that girl!*

Take an index card. Fold it in half so that it stands up in a little triangle shape. On one side of that triangle write your characters name.

Don't just write any old name down, write a name that conjures up some sort of memory or emotional response from you. The name of a girl you hate, or a girl you love, or maybe just a name that reminds you of a certain type of person. Like Tiffany, Tiffany always reminds me of teen girls with strips of cloth tied around their head and wrists. This will make it easier to pretend to be that person, because then you have something to build from.

On the same side of the index card that you wrote your characters name, also write a short description of your character. This description should at least have the what your characters pajamas look like, what color her hair is, what color her eyes are, and something else interesting about her looks.

Example:

Tiffany  
Pink Pajamas with Purple Hearts  
Brown Hair, Brown Eyes  
A light sprinkle of Freckles

Now set that card in front of you at the table with that side facing the other players so that everyone can remember who your character is and what they look like. If you feel that you will forget then also write that information on the side that is facing you.

### *Names!*

Here is a list of girls names. This list is in order of popularity in 1980. You don't have to go with names from 1980, but I think its fun so I'm going with it.

Source: Center for Health Statistics, Washington State Department of Health, 02/2002.

1	JENNIFER	51	BRANDY
2	SARAH	52	LEAH
3	JESSICA	53	CARRIE
4	MELISSA	54	KRISTEN
5	AMANDA	55	ALLISON
6	HEATHER	56	ASHLEY
7	ANGELA	57	HOLLY
8	AMY	58	NICHOLE
9	MICHELLE	59	TANYA
10	ELIZABETH	60	MONICA
11	STEPHANIE	61	ERIKA
12	LISA	62	KRISTA
13	NICOLE	63	KATRINA
14	ERIN	64	VANESSA
15	REBECCA	65	MOLLY
16	MEGAN	66	LESLIE
17	RACHEL	67	PATRICIA
18	AMBER	68	DAWN
19	CHRISTINA	69	TERESA
20	KIMBERLY	70	JILL
21	TIFFANY	71	ANNE
22	SARA	72	SUSAN
23	JAMIE	73	JAIME
24	CRYSTAL	74	SAMANTHA
25	ANDREA	75	TRACY
26	SHANNON	76	KATHLEEN
27	EMILY	77	KAREN
28	MARY	78	BRANDI
29	LAURA	79	LAUREN
30	ANNA	80	STACY
31	KATIE	81	WENDY
32	JULIE	82	CATHERINE
33	HEIDI	83	MELANIE
34	KELLY	84	MELINDA
35	KATHERINE	85	KELLI
36	DANIELLE	86	NATALIE
37	APRIL	87	RACHAEL
38	ALICIA	88	SHAWNA
39	KRISTINA	89	JULIA
40	LINDSEY	90	TAMARA
41	BROOKE	91	TRISHA
42	CHRISTINE	92	BETHANY

43	KRISTIN	93	DANA
44	LINDSAY	94	REBEKAH
45	KATHRYN	95	JENNY
46	ERICA	96	KARI
47	MISTY	97	MIRANDA
48	COURTNEY	98	MEGHAN
49	TARA	99	SANDRA
50	MARIA	100	STACEY

### *Desperately Seeking...*

Girls are more than their looks. On the other index card write your characters name. Under your characters name write three words: Hate, Cool, and Insults. Then flip it over. Cool, and Hate will be tracked by tally marks (Marks from now on), and can be seen by everyone at the Sleep Over. Insults will take up the rest of the card. This is where you will keep track of who insulted your girl and what they said.

On this side of the card write down Best friend and Truth. This side of the card you keep secret from the other players. Truth will take up most the card. Any Insult that you decide is true write down on this side of the card. Don't be too obvious when writing it down because then people might avoid bringing it up again if they know you wrote it down as a truth.

Look around the table (or floor). Pick one of the other girls at the table to be your girls Best friend. Write their name down under Best friend on the card. That other girl doesn't have to feel mutually that way. You won't know if they do until either the hatred of one or both of you flares up. Such is the back stabbing life of girlfriends.

On either side of the card write down one thing your girl brought with her to the sleep Over. Which side of the card you write it down on depends on if the other girls know your girl brought the item or not. It doesn't really matter what the girl brings, as long as it makes sense that your girl would do that. Items will be talked about later.

### *What to bring to a sleep over.*

It can be hard deciding what to bring to a sleep Over but here is this trusty green text to help you with that choice.

#### The Basics

Pillows

Sleeping bags

Flash Light

Favorite Doll

Snacks

Tape Recording of your girls favorite music!



Make-up  
A Book (Ghost Stories perhaps)  
Card Game (or even Tarot Cards)  
Board Game (Ouija Anyone!)  
A Diary  
Bubbles for Blowing  
Hair Brush  
A necklace or other piece of jewelry  
A teen magazine (or any other type of magazine)  
Interesting or new clothing.  
Phone numbers of boys your gonna call and hang up on.

Or maybe your girl is naughty

Alcohol  
A Knife or Razor Blades  
Drugs  
A dog chain or other strange Jewelry.  
Smokes

## *Gossip!*

Gossip is the main section of this game once everyone knows what their girls are like. Once Gossip begins it doesn't stop until the game ends. You gossip in a round robin fashion until the Hate of one of the girls builds so much that they react in a grand old explosion of Hatred, tears and emotion.

Some groups of girls are so hard core that they gossip until there is only one girl left in the room. This isn't the way I recommend playing but hey it really does prove something to be the meanest girl in town.

## *What do we gossip about?*

Having a hard time coming up with something to gossip about? All you got to do is think about what your character would pay attention to and then gab about it with the other girls. What are standard topics of gossip amongst teenager girls? I could be wrong but I would guess:

Fashion - "Did you see Jamie in her Pro-Wings, god like how trashy is her family, that they can't even afford Nike!", "Did you see this weeks fashion show? I swear those hyper color clothing lines are rad"

Beauty - "Tiffany wears make up to cover up a burn scar on her fore heard", "Don't you just love how this new make-up makes me look like I'm a senior!"

Boys - "oh my god. Jeremy is such a hotty, but I heard he only likes to date girls

Other Girls - "I heard that Erika is a Lesbo", "Jenny is such a loser, flat bangs are who give it up on the first date."  
so out".

### *Rumors and Insults*

A Rumor is one thread of gossip that is started by one girl and then built upon by the other girls in a round robin fashion. Each time girl starts or continues a rumor they are only allowed one sentence or two short sentences.

Insults happen inside rumors. An Insult is when a girl directly or indirectly makes fun of one of the other girls at the sleep Over.

In game play Rumors, are the mode in which Insults are delivered. You gain Cool Marks by insulting others, which in turn gives them Hate Marks.

### *Marks*

Cool Marks detail how cool your girl is in the eyes of the other girls at the table. They counter act your girls Hate Marks, making it harder for her to unleash her hatred and therefor making her last longer in the Gossip.

Hate Marks detail how much hatred your girl has toward the other girls in the group. When the girl has gathered to much Hatred she will blow up on someone.

You keep track of your marks by making tally marks on your card. Of course you could also use different colored M&Ms or poker chips if you just hate making tally marks.

### *Gossiping in the Round*

Gossip happens in a round robin. That is each girl takes a turn one right after the other in the circle they are setting in. The Birthday Girl always starts the Gossip by starting the first Rumor.

"Like did you guys hear about Jenni and Tommi?"

Then the girl to the right of the Birthday Girl has five options. These options are:

#### ***Continue the rumor***

You decide to just build up the current rumor by adding a sentence to it. Nothing of interest happens except the rumor builds.

"Yeah I heard they ran off to Vegas to get married!"

#### ***Continue the rumor, with insult***

You continue the rumor but insult one of the other girls at the table while doing it. This gives that other girl a Hate Mark, and the girl doing the insult a Cool Mark.

“They’re not eighteen so they couldn’t run off to get married, they ran off because she’s preggers, Jesus even Courtney knows that”.

(This insults Courtney, saying that Courtney is stupid. It also insults the girl who said they ran off to Vegas. So two girls get Hate Marks.)

### ***Cheap Shot***

You take a moment to insult one of the girls at the sleep Over with a quick cheap shot that does not forward the rumor. This gives the girl who is getting insulted and the girl who is taking the cheap shot a Hate Mark. The girl taking the cheap shot also gains a Cool Mark. It’s cool to cheap shot someone, but it also makes both parties look weak.

“Your just jealous!”

### ***Change the rumor***

You don’t like the current rumor so you change it. Not only does this change the rumor, and insults the girl that started the rumor, but it also makes your girl look like an ass. Both girls get a Hate Mark. Hey, sometimes that sacrifice needs to be made, specially if you have nothing to add to the current rumor.

You can change the rumor without taking a Hate Mark, or giving one if you wait to change the rumor until the rumor has made a complete circle around the group (gone back to the person who started it).

“Screw Jenni, did you hear that Jared made regionals”

### ***Pass***

You can’t think of anything to say. This just makes your girl look like a loser, so she gets a Hate Mark. That’s what you get for locking up.

“Oh yeah, that’s interesting”

Then each girl in turn, to the right does one of the above options. The game continues like that until some girls Hatred is to much to hold inside any longer.

## *Hatred*

Hatred is, “Intense Animosity or Hostility”. In this game it is the point where the characters Hate Marks outnumber their Cool Marks by ten (or five if you want a really fast explosive game). When this happens the girls hatred comes out and she explodes on one of the other girls.

Which girl she explodes on is up to the player but to help the player decide they can keep track of who has insulted them on the front of the card under Insults. If the player was on the ball they wrote down every Insult. That way there is no doubt which little bitch gets a piece of your girls mind!

How does the character blow up? Each girl shows hatred in a different way. Some girls just cry and stomp off. Some just excuse themselves and hide in the

bathroom. Others scream and yell, while those rare few get out the kitchen knives. It is not up to the player to decide how they blow up, it is up to their Best friend.

Hatred happens as soon as the criteria is met. Even if it is not that girls turn in the round robin. As soon as your girl can't hold it in any longer, reveal to the group who your Best friend is, unless your girl is the Birthday Girl.

### *The Birthday Girl*

It's her party and she can cry if she wants to. When her hatred gets the better of her, she can just tough it out because it's her house and her sleep Over. She can automatically reduce her Hate Marks by two, one time during the sleep Over.

### *Best friends*

When a girl's hatred grows into explosive mode, the girl tells the other girls who their Best friend is. The "Best friend" then says, "Yeah, she also .... when she gets mad". The ... is how the girl expresses hatred. The player of the girl who is about to blow up has to narrate their actions that way as they explode on the girl who did the most insulting to them (or whoever they choose to explode on).

There is one exception to this rule. If the girl who is exploding reveals her Best friend, and that girl happens to have her as their Best friend also, then that girl can elect to say something that will calm the girl down. Something like, "Hey, chill, we're having fun right?", or "Those girls are shitty, but we'll get them back". This reduces the Hate Marks of the girl who is exploding by two. This can only be done once. Once the link is out in the open neither side can use it again.

### *Truth*

A character is armored by truth. When a rumor or insult about your girl is said, you can secretly write it down on the back of your card under the heading Truth. You don't have to do this to all of them. Only the ones that you feel fit your image of your character.

Then in the future you can use those Truths to counter act insults and rumors by revealing them as truths.

This is done by defending yourself with the truth. This is one of the few times you can speak out of your turn in the round robin. This also has the effect of giving the girl you are defending yourself against a Hate Mark.

You don't have to defend yourself with your character's truths, but sometimes you have to reveal the truth in order to regain who you are and come to your senses.

## *Your Item*

Each girl brings an item to the sleep Over. This item is brought by the girl for a purpose. This purpose is usually to impress their girlfriends, or to comfort them when they are away from their homes. Some items can be used to do both, but most only have one purpose. To use an item the character must say that they are using an item during their turn in the round robin (they still have to do one of the main options also).

Tiffany snuggles deeper into her sleeping bag. "I heard he takes steroids".

If the item is used to impress others then it gets the girl a Cool Mark. If it is used to comfort or protect her then it takes away one Hate Mark. An Item can even be used to add Insult to Injury, and give an additional Hate Mark to a girl who is already receiving one.

An item can be used as many times as you want during a sleep Over, however it can never be used the same way more than once. In the above example Tiffany snuggled deeper into her sleeping bag. So for the rest of the sleep Over she would not be able to snuggle deeper and reduce her Hate Marks. Nor would she be able to do anything similar, like hide in her sleeping bag. She could use it to impress her girlfriends.

Tiffany uses her sleeping bag to demonstrate: "I heard he was thought dead, and they put him in the body bag, and when he woke up he sprang from it, scaring them all"

Weapons are interesting items to bring because they add a sense of danger to a sleep Over. If it is known that your girl has a weapon as her item then that weapon can be used to have your girl kill another girl when your girl freaks out. This is a bad thing if you want your girl to come to another sleep Over because it means she can't. She's too busy being tried as an adult for murder. If you just don't care then it can be all sorts of bad wrong fun.

## *Narration vs. Action*

Your girl will sometimes want to do things besides talk, in order to enhance what she is saying. You as a player don't have to get up and do those actions. Just refer to your character in third person, and say what they are doing.

Some people who play get really into it and refer to their characters actions as their own. Nothing is wrong with doing that also.

"Tiffany takes a drink from her fathers flask" Then she says "Who said drinking was bad for you!"

"I take a drink from my fathers flask, then I look at my girlfriends. Who said drinking was bad for you!"

## *Invited Again*

Your girl doesn't have to go away after just one sleep Over. You can bring her to as many sleep overs as you want. It is recommend that all the girls at the table have been in the same number of sleep overs, because well girls with experience will rule over the other ones, but hey they might dig that.

### *Example of Play*

Let use spy on a Sleep Over.

Jennifer, Krista, Megan, and Tammy are our girls. Jennifer is the Birthday Girl.

Jennifer is wearing green PJs. She has blue eyes and recently died black hair. She has a slightly larger nose. She brought with her a Necklace her mother gave her. Her best friend is Krista.

Krista is wearing purple PJs with white flowers on them. She has brown eyes, and brown hair. She has a scar on her face. She brought with her a sleeping bag. Her Best friend is Tammy.

Megan is wearing white PJs that are bit old and worn. She has green eyes and red hair. She has a gentle dusting of freckles. She brought with her a book of Irish folk tales. Her Best friend is Jennifer.

Tammy is wearing white PJs with red hearts all over them. She has blonde hair and brown eyes. Her hair is perfectly straight. She brought with her the high school phone directory. Her Best friend is Krista.

Since Jennifer is the Birthday Girl, she starts the gossip, and the game continues from there.

Jennifer

"What do you think about Jackson?"

Krista

"You're a skank!"

Cheap Shot, both Krista and Jennifer take a Hate Mark, and Krista takes a Cool Mark. Jennifer decides that she really is a Skank and writes it down under Truth.

Megan

"Well I don't blame her, Jackson is the hottest of the hot seniors."

Tammy

“He’s not a senior doofus, he’s a junior, I should know he’s in my junior English class.”  
Megan receives a Hate Mark, and Tammy Receives a Cool Mark.

Jennifer

“He asked me out”

Krista

“No way!”

Krista takes a Hate Mark for not adding to the rumor.

Megan

“Guess who asked me out?”

Megan changes the rumor but does not take a Hate Mark because she waited until everyone had advanced the current rumor before changing it.

Tammy

“Probably Tommy, that loser your always getting up on!”

Megan gains a Hate Mark, and Tammy takes a Cool Mark.

Jennifer

“That’s freaking gross Megan.”

Cheap Shot, Jennifer and Megan take a Hate Mark, and Jennifer takes a Cool Mark.

Krista

“Hey at least he’s experienced... you know...”

Megan

“Experienced at killing animals maybe, or is that what you like about him?”

Megan gains a Cool Mark and Tammy gains a Hate Mark.

Tammy

“It wasn’t Tommy, and if you don’t believe me then call him and ask him” Tammy displays her High school phone number directory.

Tammy takes away one Hate Mark for using her item.

Jennifer

“Well maybe he isn’t so bad, I mean he did save that girl from the burning building once right?”

Krista  
"You Whore"

Cheap Shot, Krista gains a Hate Mark and a Cool Mark but Jennifer defends herself with truth.

Jennifer  
"Yeah, I'm a bit of a skank aren't I"

This defense by using the truth also gives Krista another Hate Mark.

Play continues like this until some ones Hatred overflows and they blow up on one of the other girls. Lets pick up with Jennifer about to blow her top.

Tammy  
"You used to be such a good girl, and now look at you, drug fiend!"  
Tammy takes a Cool Mark and Jennifer takes a Hate Mark.

HATRED  
Jennifer's Cool Marks are ten points lower than her Hate Marks. She almost loses her head, but instead says,  
"You may be right but since its my birthday I'm not going to dwell on such things".  
She loses two Hate Marks.

Jennifer  
"Anyway, Don't you think that biker jackets are just the stupiest things?"

Krista  
"Yeah..oh oops, didn't you just get one Tammy?"  
This would be a cheap shot if it had nothing to do with the rumor but it does, Tammy just got a biker jacket, so instead its a Continue the Rumor with an Insult. Tammy gains a Hate Mark and Krista gains a Cool Mark.

HATRED  
Tammy goes over the edge. She reveals who her Best friend is to the group. It is Krista. Krista Happens to have Tammy as her best friend also! Score. Krista says,  
"Calm down, we're all having fun right?" Tammy reduces her Hate Marks by two.

Megan  
"It's a shame that all the stores in the mall seem to love them, I'm about sick of seeing them."  
This seems like it might not further the rumor but it does, but stating that the mall is full of them.



Tammy

“Is that why you tried one on the other day!”

Tammy takes a Cool Mark and Megan takes a Hate Mark.

HATRED

This drives Megan out onto a limb. She reveals her Best friend is Jennifer, but Jennifer just shakes her head letting her know that there is no match there. So Megan checks her list of Insults and sees that Tammy insulted her the most during this sleep Over.

Megan knows she is going to blow up on Tammy but it is up to Jennifer to tell her how.

Jennifer says “Throw a fit”

Megan

I throw my book as hard as I can at Tammys head, not caring really if it hits because I rush into the bathroom before everyone can see the tears running down my face. The whole time screaming, “You fucking bitch, I hope you die, I hope you die.”

# APPENDIX

*I want a real roleplaying game!*

This is a real roleplaying game. You take on the role of a girl at a sleep Over, and then you play the game as outlined in the previous text. If you for some reason want more out of Sleep Over. Say you want your girls to sneak out of the house and go hang out at a club while dancing and stabbing people, then you can easily do it.

Just take your favorite Task or Conflict resolution system from any game that you want. Use it to flesh out your girls. Then start playing Sleep Over until one of the girls does the sixth option: Let's Bail. Which gives her a Cool Mark.

You then follow the rules of the resolution system you decided to go with, except you also use the rules in Sleep Over. After all girls gossip no matter where they are going or what they are doing.

There are two changes that will probably come up more often than not, Initiative and Game Master. Initiative is easy. Just go in the order described by the resolution system you have chosen.

If you choose a system that uses a game master you must either let them have an NPC girl, or just let them run the game and not have a girl. Either way will work fine, but it might lead to a more bored GM because they will have to deal with all the gossip stuff going on. Then again that could give them time to ponder what the hell is going on.

Your girls' hatred will still surface, and no matter who set them off, they will still blame one of their girlfriends ("You drove Danny away from me you bitch!") Use your chosen resolution system to show just how over the top your girl can go when this happens.

For an added bonus your girls can receive Cool and Hate points every time they succeed or fail in a task or conflict.

Dear Diary,

I am so freaking happy I decided to go to Tiffs sleep over. Hear that I called her Tiff! At first I thought I was just being invited for them to make fun of the dorky girl, and I was right. Yet about half way into some movie about a doll that comes to life, I decided to come to life. Oooo Erin regrets talking trash now. She had to have her mom pick her up she was crying so bad when I was done getting back at her for all those years she spread rumors about me!

Well no more time, Joey is picking me up for a date!

