## I need help- A solitaire LARP

This is a game; you are responsible for anything you do.

## Do the following numbered things, and write down your answers to the lettered questions that are asked.

- 1) Close your eyes, think about the first thing that comes to mind, and then open your eyes.
  - A. What did you think of or see?
  - B. Why do you think you thought of this?
- 2) Now imagine you are a psychoanalyst, sage, or fortune teller.
  - C. What do A and B mean about your personality?
  - D. What problem do they prove you have?
  - E. What do you need to do to handle this problem?

## 3) Be yourself

- F. What do you think about your supposed problem?
- G. What steps will you take to handle your problem?
- 4) Go do those things you wrote down in G.
- 5) Be happy!
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