

CAT DREAM ADVENTURE

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A GAME TO PLAY WITH YOUR CAT

Once per day when your cat is awake and alert, ask if it would like to go on an adventure. If they look at you, consider it a yes and take out your cats favourite toy.

DESCRIBE THE ADVENTURE

Explain to them that on their adventure they encounter a mouse, squirrel, grasshopper, dove, or other suitable critter that must be killed to feed the family.

RULES FOR COMBAT I



NARRATE COMBAT AS YOU PLAY

For the first round, engage their need to stalk. Bait them slowly with their toy, encouraging them to creep along on their bellies like a snake. Try to get their pupils to go mega wide, filling up nearly their entire eye.

AMBUSH TIME

This begins the second round, engage their need to ambush. Make a jittery movement, and quick stop, then jitter again, trying to get them to pounce. Try to pantomime the critter feeding, or staggering due to an illness.

RULES FOR COMBAT II



PAY ATTENTION TO BODY LANGUAGE

If you see your cat wiggling its butt, get ready to try and pull their toy away at the last moment before they pounce to get them to land and have to run and chase after the toy. Either throw it now, or drag it around to get them to run after it.

WHEN YOUR CAT IS GETTING TIRED

Narrate one final scenario for them to get the final blow on their enemy. Let them shake, rabbit kick, or carry away their kill. If you read the signs wrong and they lose interest, narrate that the critter has escaped on this day to recover its wounds.

VICTORY, LOSS, REWARD



ALL ADVENTURES END WITH REWARDS

No matter the outcome, a defeated enemy, or a daring escape, lavish your cat with praise. Blink at them slowly, and reward them with a few of their favourite treats.

To honor them further, fold up a sweater or hoodie that has your scent on it and place it on their favourite bed. Make a big show of it and explain that this is a special fabric that will keep them safe with protective magic while they sleep.

REPEAT DAILY OR TWICE DAILY

For the greatest reward for you and your cat, play Cat Dream Adventure daily or twice daily. Make it a Routine Cat Dream for a happy, healthy cat.