

CDRE - Certified Disaster Recovery Engineer
Chapter 5 - IT Resiliency

WORKBOOK



IT Resiliency

Chapter 5

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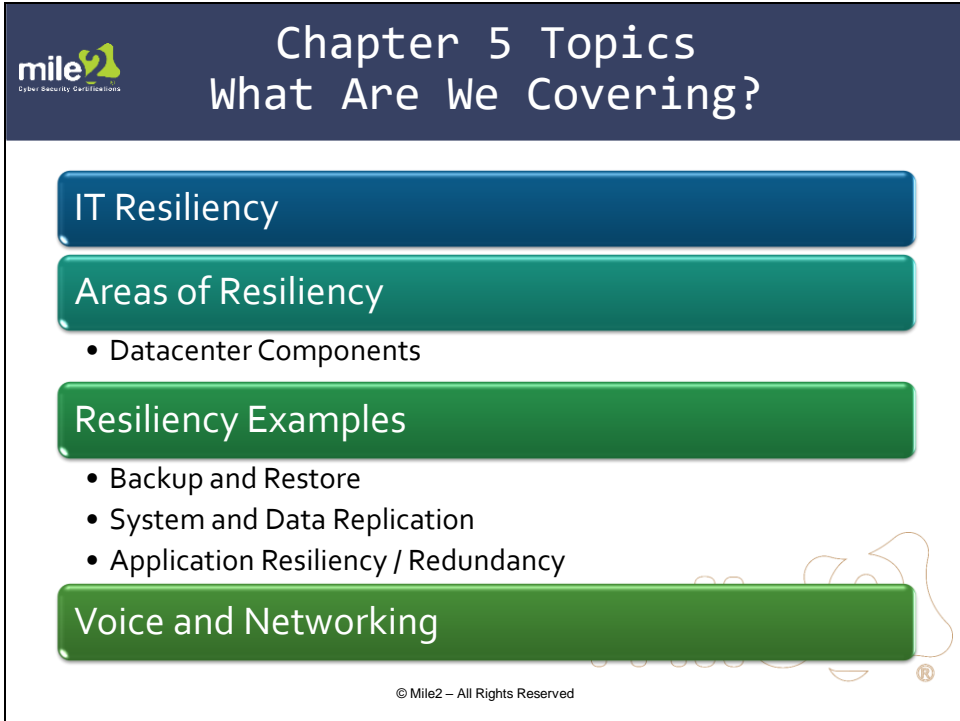
The slide features a dark blue header with the Mile2 Cyber Security Certifications logo on the left and the title 'Course Outline' on the right. Below the header, a vertical list of chapters is shown as horizontal bars with a color gradient from red at the top to teal at the bottom. Chapter 5 is highlighted with a white asterisk and bold text. A copyright notice is located at the bottom right of the slide.

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Course Outline

- Chapter 0 – Introduction
- Chapter 1 – Welcome to Business Continuity & Disaster Recovery Training
- Chapter 2 – Business Impact and Risk Analysis
- Chapter 3 – BCP and DRP Design
- Chapter 4 – IT Recovery Strategies
- * **Chapter 5 – IT Resiliency**
- Chapter 6 – Implementation Phase
- Chapter 7 – Testing and Exercise Phase
- Chapter 8 – Maintenance and Execution
- Chapter 9 – Pandemics

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The slide features a dark blue header with the 'mile2 Cyber Security Certifications' logo on the left and the title 'Chapter 5 Topics What Are We Covering?' in white text. Below the header, there are four horizontal bars of varying shades of blue and green. The first bar is dark blue and contains the text 'IT Resiliency'. The second bar is a medium blue and contains 'Areas of Resiliency' followed by a bulleted list: '• Datacenter Components'. The third bar is a medium green and contains 'Resiliency Examples' followed by a bulleted list: '• Backup and Restore', '• System and Data Replication', and '• Application Resiliency / Redundancy'. The fourth bar is a dark green and contains 'Voice and Networking'. At the bottom center of the slide area, there is a small copyright notice: '© Mile2 – All Rights Reserved'. A faint, stylized graphic of a person is visible in the background on the right side.

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Chapter 5 Topics What Are We Covering?

IT Resiliency

Areas of Resiliency

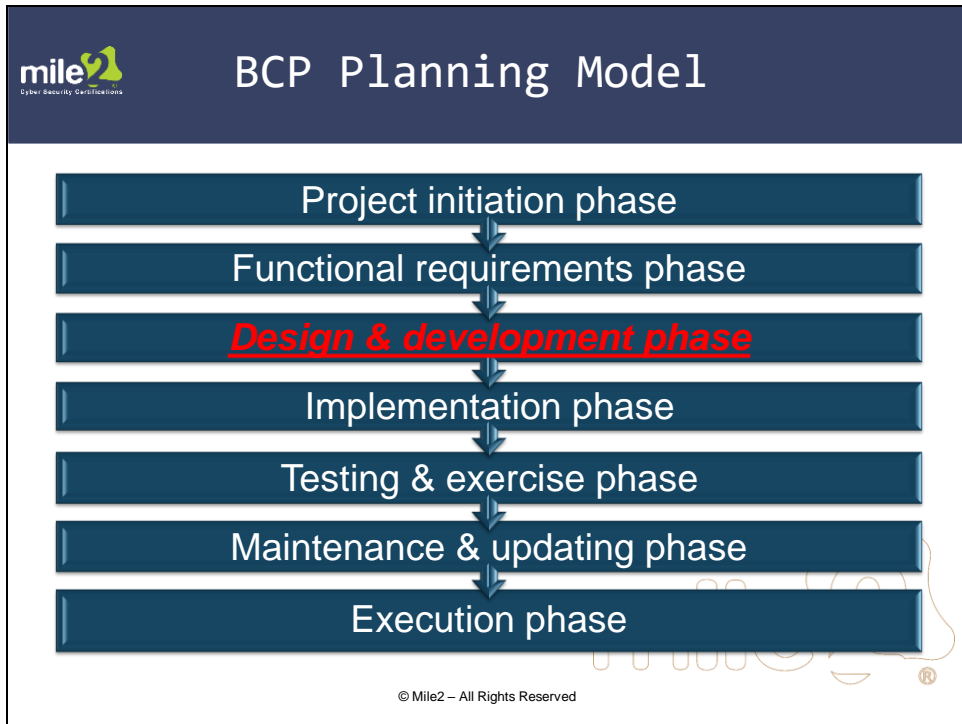
- Datacenter Components

Resiliency Examples

- Backup and Restore
- System and Data Replication
- Application Resiliency / Redundancy

Voice and Networking

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BCP Planning Phases – IT Resiliency

Section 1




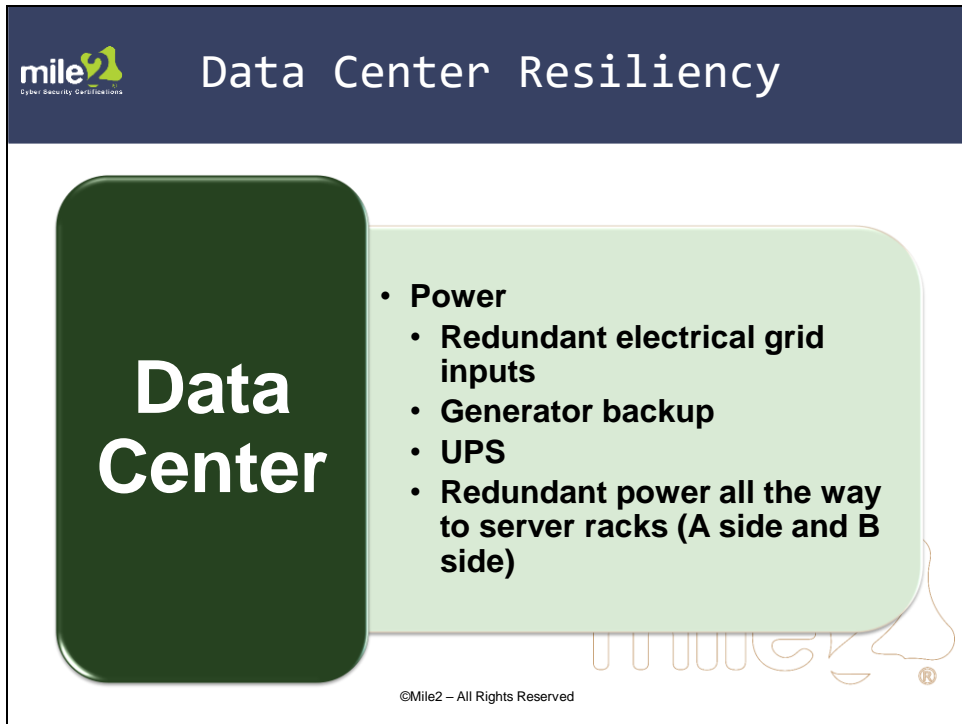
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Areas of IT Resiliency

- Data Center Environments**
 - Data centers built with redundancy in order to tolerate failure of critical components or services.
 - Efficient design of power, cooling, cabling will lower costs and improve reliability.
- Systems, databases, & applications**
 - Failure of databases and applications due to corruption or error.
 - Rapid recovery is the objective.
- Servers, storage, and networks**
 - Redundancy in components to avoid system failure.
 - Redundancy in servers to recover from server failure.





The slide features a dark blue header with the 'mile2 Cyber Security Certifications' logo on the left and the title 'Data Center Resiliency' in white. Below the header, a dark green rounded rectangle on the left contains the text 'Data Center' in white. To its right, a light green rounded rectangle contains a bulleted list of power resiliency measures. At the bottom right of the slide, there is a faint orange watermark of a person's profile and the text '©Mile2 - All Rights Reserved'.

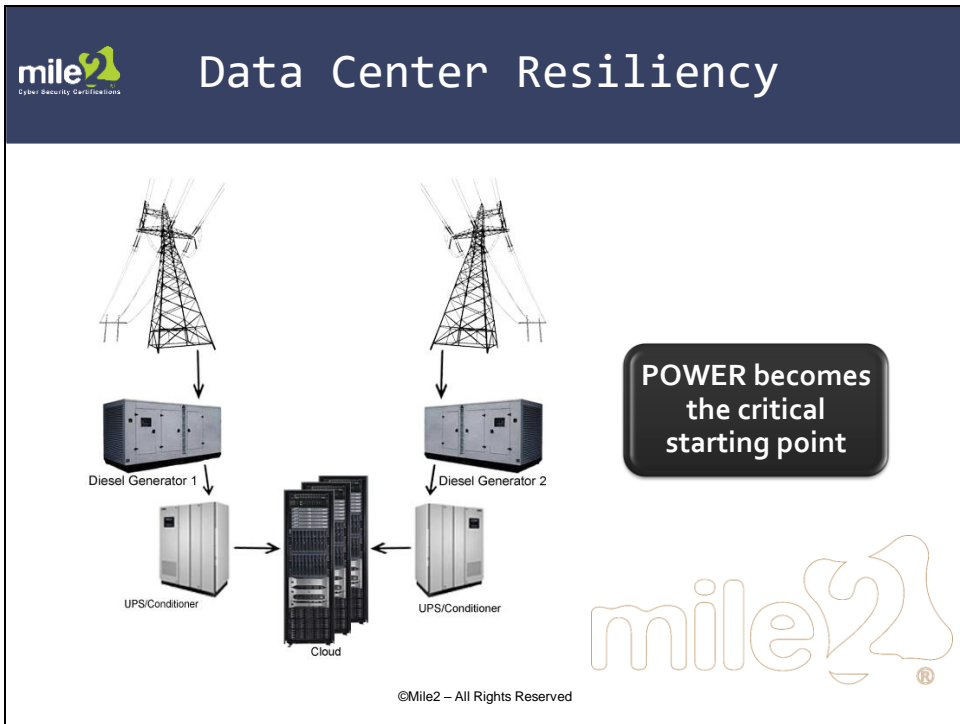
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Data Center Resiliency

Data Center

- **Power**
 - **Redundant electrical grid inputs**
 - **Generator backup**
 - **UPS**
 - **Redundant power all the way to server racks (A side and B side)**


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 **Data Center Resiliency**

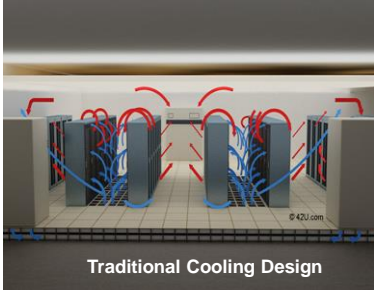
Cooling

- N+1 Air Conditioning units
- UPS & generator considerations
- Efficiency – use of outside air, in-row / in-rack cooling, data center containment


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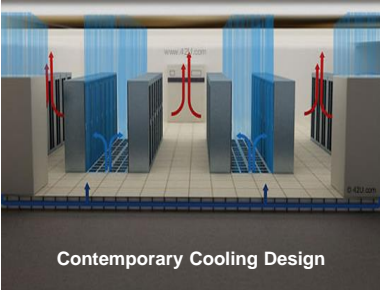
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Data Center Resiliency



Traditional Cooling Design

Cooling Option 1





Contemporary Cooling Design


Cooling Option 2

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 Data Center Resiliency

 Hot Aisle Containment
Cooling Option 3

 Cold Aisle Containment
Cooling Option 4

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Data Center Resiliency

Various Cooling Options are Available

N+1 Air Conditioning units

- *Meet planned air handling needs PLUS spare unit*

UPS & generator considerations

- *Ensure that air handlers are included*

Efficiency – use of outside air, in-row / in-rack cooling, data center containment

- *Research various air handling options*

Reference: <https://www.42u.com/> -- Data Center Solutions

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Areas of IT Resiliency

Data Center

- **Flooring, Racks, and Cable Management**
- Justify raised flooring – need to be seismic rated
- Could place racks on slab with overhead power & cabling
- Seismic protection (ISO Base)
- Modular cabling to racks as needed – power bus bar, patch panels

<https://www.coastseismicsafe.com/products-services/iso-base>

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Areas of IT Resiliency

ISOBase™
Seismic Isolation Platform



*ISO-Base™ Seismic Isolation Platform
with patented Ball-N-Cone™ Isolators*


<https://www.coastseismicsafe.com/products-services/iso-base>

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Areas of IT Resiliency

CABLING OPTIONS



CABLING: OVERHEAD VS. UNDERFLOOR

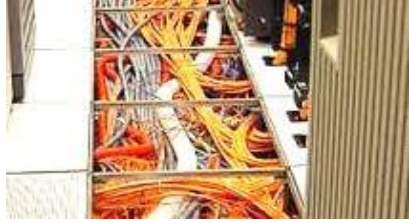

CABLE MANAGEMENT
AVOID SPAGHETTI JUNCTION

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Areas of IT Resiliency

CABLE MANAGEMENT



CONTRACT WITH THE CABLING PROFESSIONALS

BEWARE OF CROWDED CONCENTRATION PANELS AND UNDERFLOOR POWER

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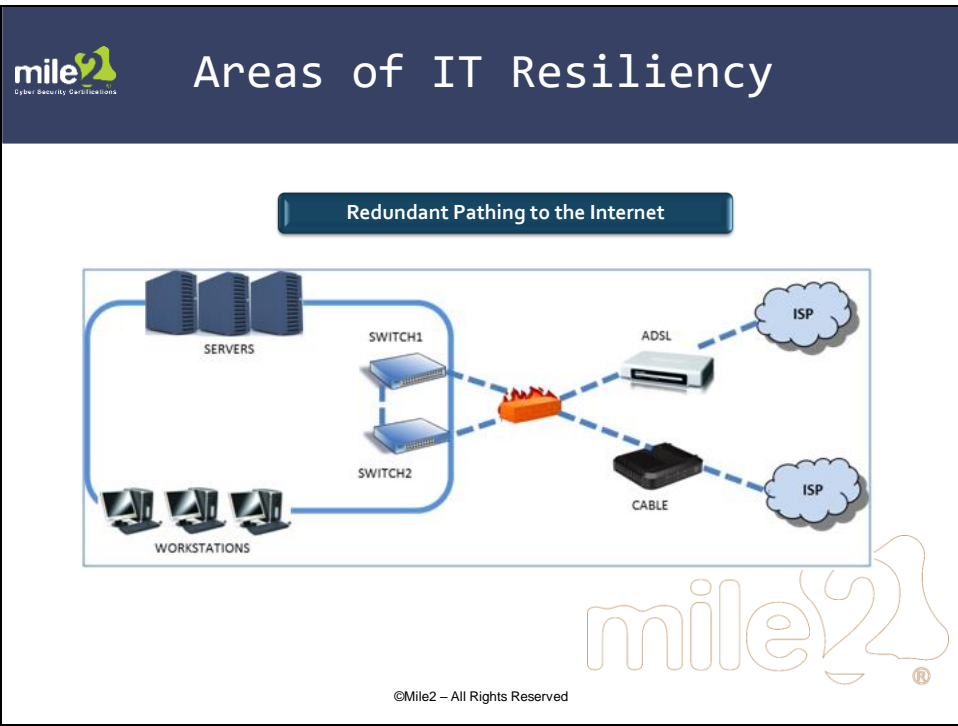
Areas of IT Resiliency

Power bus connections overhead can keep power cabling organized.



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IT Recovery

Section 2



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 **Examples of IT Recovery**

Backup and restore

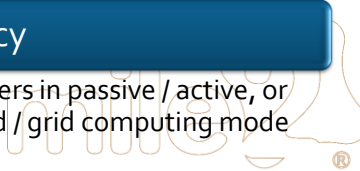
- Tape could take days with shipping, loading, restoring
- Backup to replicated disk can be faster and more up-to-date

System & Data replication

- Application agnostic, replicates the entire system
- No recovery required, simply fail-over
- File shares or databases can be replicated to DR servers

Application resiliency / redundancy

- Multiple local or global application servers in passive / active, or active / active clusters, or load-balanced / grid computing mode





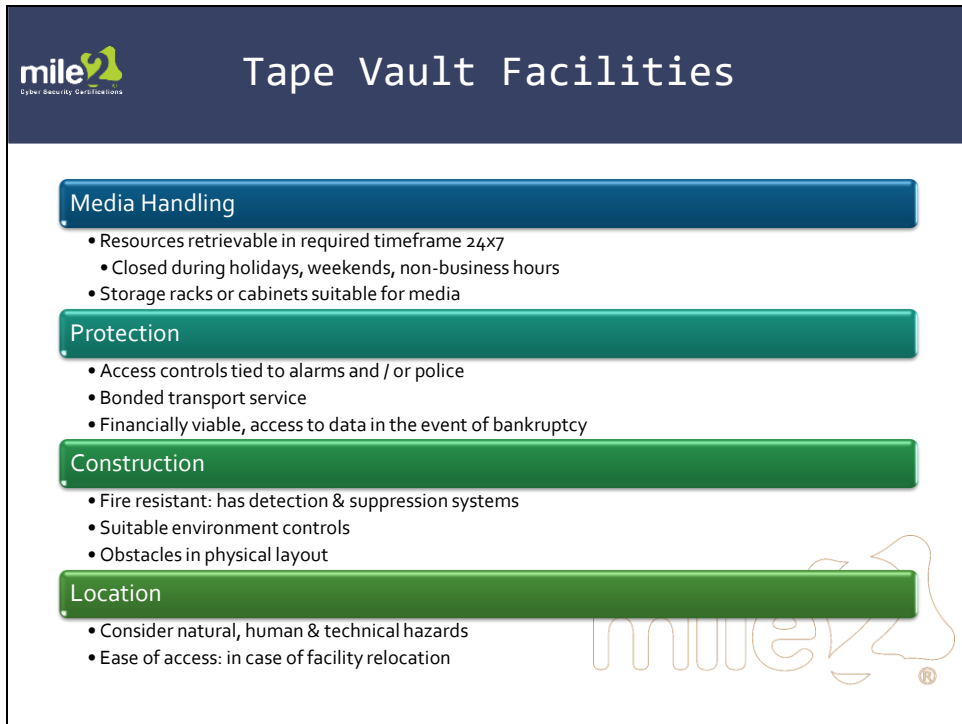
Tape Backups

Tape backups

- “Lower-cost” solution, however, tape handling & vaulting costs remain
- Media errors / failures, media lifecycle / migration, and encryption key management
- Must utilize off-site vault to protect backups
- Regional vault for convenience, too close in a regional disaster?
- 2nd local copy of backups for faster operational recovery adds cost
- Initiation delay for tape restores – locating tape, tape mounts, tape data seek (fast forward)
- Less frequent backups – ie: nightly, mean greater data loss



LOTS OF HISTORY HERE!



The slide features a dark blue header with the 'mile21 Cyber Security Certifications' logo on the left and the title 'Tape Vault Facilities' in white text on the right. Below the header, four colored boxes (dark blue, teal, green, and light green) serve as section headers for 'Media Handling', 'Protection', 'Construction', and 'Location'. Each section contains a bulleted list of requirements. A faint 'mile21' logo is visible in the bottom right corner of the slide content area.

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Tape Vault Facilities

Media Handling

- Resources retrievable in required timeframe 24x7
- Closed during holidays, weekends, non-business hours
- Storage racks or cabinets suitable for media

Protection

- Access controls tied to alarms and / or police
- Bonded transport service
- Financially viable, access to data in the event of bankruptcy

Construction

- Fire resistant: has detection & suppression systems
- Suitable environment controls
- Obstacles in physical layout

Location

- Consider natural, human & technical hazards
- Ease of access: in case of facility relocation

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Disk Backups

**Backups to disk/
electronic vaulting**

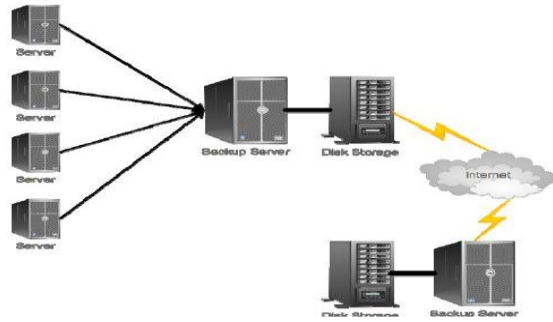
- Backup to disk for better operational performance and availability
- Private DR site or cloud backup service
- Replicated backups over any distance enabled by fast networks and de-duplication
- Recovery can commence immediately, no tape shipping
- De-dupe & compression technologies save space and bandwidth

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DIY Disk Backups

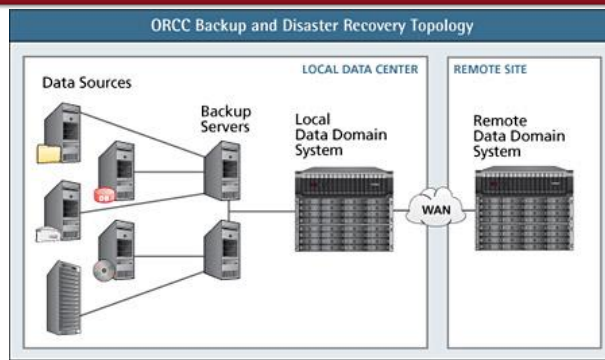
Backups w/o de-duplication will consume a tremendous amount of disk space. Enabling software de-duplication can save disk space, but will require more CPU power, and likely SSD drives for the de-dupe database. You end up just moving the bottleneck from one place to another.



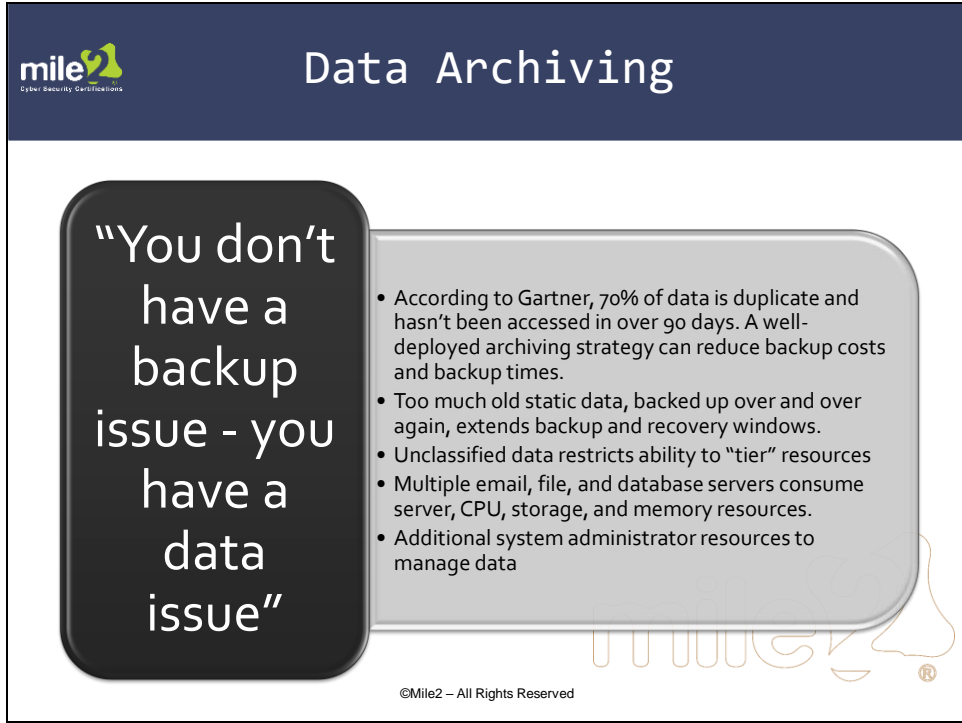


Backup Appliance

Offloading the processing overhead of backup de-duplication to a specialty backup appliance can save money and effort.



<https://www.computerweekly.com/feature/Backup-appliance-product-survey-Which-one-is-right-for-your-business>



The slide features a dark blue header with the 'mile2 Cyber Security Certifications' logo on the left and the title 'Data Archiving' on the right. The main content is presented in two rounded rectangular boxes: a dark grey box on the left containing a quote, and a light grey box on the right containing a bulleted list of statistics and facts. A faint, stylized graphic of a person's head and shoulders is visible in the bottom right corner of the slide area.

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Data Archiving

“You don’t have a backup issue - you have a data issue”

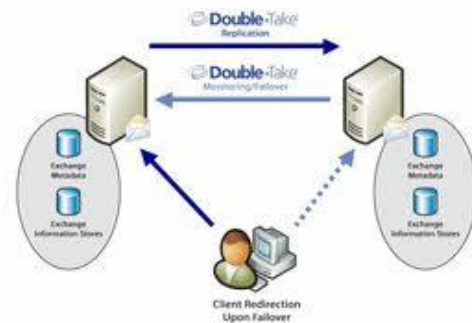
- According to Gartner, 70% of data is duplicate and hasn’t been accessed in over 90 days. A well-deployed archiving strategy can reduce backup costs and backup times.
- Too much old static data, backed up over and over again, extends backup and recovery windows.
- Unclassified data restricts ability to “tier” resources
- Multiple email, file, and database servers consume server, CPU, storage, and memory resources.
- Additional system administrator resources to manage data

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Systems Replication

For those systems that are critical, or physical recovery is a challenge, consider host replication; no recovery required, very high availability



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SAN Replication

Replicating individual hosts can quickly become expensive. If more than a few systems, look to a SAN replication solution, especially if you have a SAN with a compatible instance at your DR location.

The diagram illustrates a SAN replication setup. On the left, under the heading "Primary", there is a yellow folder icon labeled "Source FS" connected to a black server rack labeled "VNX". On the right, under the heading "Secondary", there is a green folder icon labeled "Destination FS" connected to another black server rack labeled "VNX". A yellow arrow labeled "Data Mover Interconnect" points from the Primary VNX to the Secondary VNX, passing through a cloud icon labeled "WAN".

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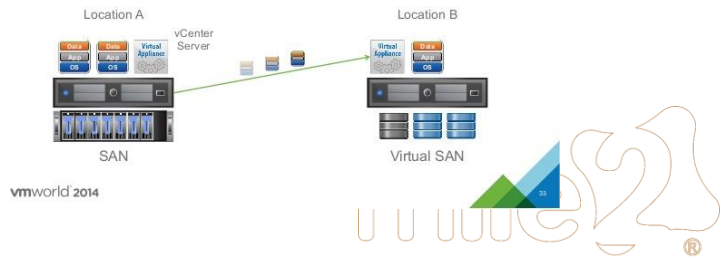


Virtual Server Replication

If you don't have a SAN or have dissimilar storage at your DR site, consider virtual machine replication. Several offerings on the market can replicate your VMs to your private DR site or cloud providers.

vSphere Replication

- Per-VM host-based replication integrated with vSphere platform
- Included with vSphere Essentials Plus and higher editions



The diagram illustrates an application redundancy architecture. At the top left, a 'Client' (represented by a computer icon) is connected to an 'Internet' (represented by a globe icon). Below the Internet, there is a 'General/Web Cluster' consisting of five server icons. This cluster is managed by two load balancing components: 'NLB' (Network Load Balancing) and 'CLB' (Component Load Balancing). Below the General/Web Cluster is a 'Server Application COM+ Application Cluster' consisting of five server icons. The NLB and CLB components are shown as boxes that route traffic from the Internet through the General/Web Cluster to the Server Application COM+ Application Cluster. The text '©Mile2 – All Rights Reserved' is located at the bottom center of the diagram area.

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Application Redundancy

For the applications of highest importance, geographical redundancy or clustering (Grid) will reduce or eliminate outages due to failure

Examples: Exchange 2010, Oracle Real Application Clusters, SharePoint clustering

Client ↔ Internet

General/Web Cluster

Server Application COM+ Application Cluster

NLB Network Load Balancing

CLB Component Load Balancing

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The slide features a dark blue header with the 'mile2 Cyber Security Certifications' logo on the left and the text 'End of Chapter 5' on the right. In the center, there is a dark purple rounded rectangular button with the text 'Moving Forward' in white. The bottom right corner contains a large, light-colored outline of the 'mile2' logo and the text '©Mile2 – All Rights Reserved' below it.

Questions

and

Answers

Review Questions:

1. IT recovery plans include restoration or recovery procedures designed to meet ____ & ____, as defined in the Business Continuity Planning.
 - A. Recovery Point Objective & Recovery Time Objective
 - B. Annual Loss Expectancy & Threat Analysis
 - C. Exposure Factor & Asset Values
 - D. Policy & Standards

2. Which are objectives of DR Plan Development?
 - A. Minimize interruptions to the business's ability to provide products and services
 - B. Minimizing quantitative and qualitative loss of a business
 - C. Able to resume critical operations within a specified time
 - D. Executing recovery of services in order of priority assigned to them
 - E. All of the above

3. True or False: Each application process or technology has a restoration / recovery plan designed to meet RTO & RPO as defined in the BCP.
 - A. True
 - B. False

4. Which are included in the IT recovery plan?
 - A. IT Recovery Team member names
 - B. Inventory of IT equipment and materials
 - C. Key recovery tasks
 - D. Vendor contacts
 - E. All of the above

5. True or False: Preventative Controls are a valid Recovery Strategy.
 - A. True
 - B. False

Answer Key:

1. A
IT recovery plans include restoration or recovery procedures designed to meet recovery point objective & recovery time objective.
2. E
All of these options are objectives of DR plan development.
3. A
True. Each application process or technology has a restoration / recovery plan designed to meet RTO & RPO as defined in the BCP.
4. E
All of these options are included in the IT recovery plan.
5. A
True. Preventative controls are a valid recovery strategy.