Ash's Mac & Cheese

Ingredients

- 1 bag (1lb / 450g) macaroni (the cheeper the better)
- 1 cup / 250ml of whipping cream (heavy cream for the americans)
- 2 cans of evaporated milk (not condensed, use milk if you can't get it)
- 1 head of garlic, minced or turned into paste. (saving 2 cloves for breadcrumbs)
- 3 tbs of butter (saving 1 tbs for breadcrumbs)
- 1 tbs of flour
- 1 tbs spicy mustard (keens from the jar, or equal volume of dry keens)
- 2 tbs lousiana style hotsauce (anything with vinegar and cayenne pepper)
- More than 250g, less than 500g of grated cheese. A mixture of melting, sharp, and funk. Reserve 1/5 of it for the breadcrumbs.
 - Pro-tip: If you have sodium citrate, you can add even more cheese without it separating!
 - Ideal candidates include:
 - Gruyere (melting). Cost effective alternatives being monterey jack, raclette, and emental.
 - Cheddar (sharp). American cheese (like velveeta), or a gouda would be nice.
 - Fontina (funk). Parmesan for cheeper, taleggio for more funk.
- 1 cup / 250ml breadcrumbs

Instructions

Mac

1. Cook macaroni as per directions, set aside in a large bowl (around 5-6L minimum) while you prepare the sauce.

Cheese

- 1. In a large skillet or pot, heat 2tbs of butter on medium until butter is bubbling. (depends on the stove)
- 2. Add (1 head minus 2 cloves) garlic, saute until no longer raw (approx 1-2 mins)
- 3. Add flour, stiring constantly with a whisk (approx 1 min) to cook it slightly.

- 4. 1/2 can at a time, add the evaporated milk, whisking constantly until incorporated. Make sure there are no lumps before adding more.
- 5. Pour in the cream all at once.
- 6. Add mustard and hot sauce.
- 7. Simmer on low for 20mins.
- 8. Turn the head up briefly until it comes to a boil again. Remove from heat. Add cheese all at once, whisking the ever-loving crap out of it to incorporate.
- 9. Add cheese to mac

Now is a good time to pre-heat the oven to 350deg f / 175deg c

Crispy-crumbs

- 1. In a small pan on medium, heat the remaining 1tbs of butter 'til bubbly.
- 2. Add remaining 2 cloves garlic, stiring constantly, cooking until not raw. (approx 1-2 mins)
- 3. Add breadcrumbs, stirring constantly until you can smell the toasty bread. (2-3 minutes)

Mac & Cheese with crispy-crumbs

- 1. Pour mac & cheese mixture into a large(ish) casarole dish
- 2. Sprinkle crispy-crumbs atop mac & cheese
- 3. Sprinkle remaining 1/5 of grated cheese atop crispy-crumbs
- 4. Place the dish into the middle rack of the oven.
- 5. Bake for 30 minutes (or until bubbly)
- 6. Open the oven door slightly, broil on high until golden brown (about 2 minutes, but FOR THE LOVE OF GOD, WATCH IT THE WHOLE TIME OR I'LL FIND YOU)